



breathe  
SUN THERAPY



# breathe

SUN THERAPY

## **When the sun becomes a wellbeing treatment**

The mother star of our solar system is light and heat, and the primary source of energy for life on earth.

It is the most important supplement, the most extraordinary medicine that nature has placed at man's disposal. The efficiency and vitality of a human being depend on what has been exposed to the sun.

The metabolism of Vitamin D and serotonin depend on sunlight. Sunlight affects the metabolism of cortisol and that of all the other hormones and neurotransmitters that follow a circadian rhythm.

We have to expose ourselves to sunlight correctly and appropriately, moderately and reasonably, and following a few simple rules.

The sun, in fact, can prematurely age our skin, weaken or sap the strength of our hair, create eye disorders, and cause sun rashes or other dermatological pathologies, even serious ones (melanoma, for example).

But this happens only if we stay out in the sun too long, or at the wrong time of day, without applying any precaution or protection.





  
SUN  
●  
**PROTECTION CREAM**  
crema protettiva viso  
face SPF 50+  
Non contiene nanoparticelle  
Does not contain nanoparticles  
**breathe**  
SUNTHERAPY  
100 ml e  
3,52 fl. oz / oz liq.

  
SUN  
●  
**PROTECTION OIL**  
olio protettivo viso e corpo  
face and body  
SPF 4-15  
Non contiene nanoparticelle  
Does not contain nanoparticles  
**breathe**  
SUNTHERAPY  
150 ml e  
5,04 fl. oz / oz liq.

  
SUN  
●  
**SOFTENING HAIR MASK**  
maschera idratante  
per capelli  
Non contiene nanoparticelle  
Does not contain nanoparticles  
**breathe**  
SUNTHERAPY  
250 ml e  
8,38 fl. oz / oz liq.



## SUN PROTECTION OIL 150 ml Face and body protection oil

Sun protection oil with a high degree of protection. It protects against UVA and UVB rays to guarantee effective protection. This genuine wellbeing treatment makes your skin silky soft and firm. Technology at the service of nature, a handy and simple spray dispenser, a light texture emitting a sweet aroma, a deep-down moisturizing effect.

Walnut extract performs an antioxidant and mineralizing action, and Aloe keeps the level of your skin's moisturization constant.

Choose the ideal product for your phototype from the different degrees of protection available.

**SPF 15-30 (MEDIUM)**

**SPF 6-15 (LOW)**

breathe  
SUN THERAPY



### SUN PROTECTION CREAM 100 ml Facial protection cream SPF 50+

Sun protection cream with a high degree of protection. It protects against UVA and UVB rays to guarantee effective protection and give your skin moisturization and softness.

Walnut extract performs an antioxidant and mineralizing action, and Aloe keeps the level of your skin's moisturization constant. It contains a mild formula for children's delicate skin. Excellent for enhanced protection of the face for all ages.

### CALMING AFTER SUN CREAM 250 ml CCalming after sun face and body cream

Calming and soothing after sun cream. It alleviates redness and gives the skin a mild sensation of coolness. The richness of its formulation makes it a genuine body treatment. The result is compact and toned skin. Aloe and Mallow provide immediate moisturization and a soothing effect.



### **SOFTENING HAIR AND BODY SHAMPOO 250 ml**

#### **Refreshing and moisturizing body shampoo**

Mild cleanser for body and hair. It restores balance to the skin after exposure to the sun. The calming action of Camomile and Lavender provides an immediate soothing effect, while Mint and Eucalyptus refresh and revitalize.

### **SOFTENING HAIR MASK 250 ml**

#### **Moisturizing hair mask**

Intensive moisturizing mask. Extract of Aloe is a precious element able to restore hair its moisturization after exposure to the sun. This soft and rich treatment provides deep-down nourishment to lengths, resulting in silky and shiny hair. Suitable for all hair types.

### **FLOWER HAIR OIL 100 ml**

#### **Protective Oil for the hair**

Protects and repairs during exposure to the sun. The pure aroma of plants and flowers offers a sense of wellbeing and peace while the hair receives an intense beauty treatment. Spray to be applied before and during exposure to the sun. The precious fragrance of Damask Rose and Ylang Ylang will accompany you throughout the day.

breathe  
SUNTHERAPY





breathe  
SUN THERAPY

[www.naturalmente-artec.com](http://www.naturalmente-artec.com)



Qualità  
Reale

ARTEC srl  
Via Vespucci 12-14  
25030 Torbole Casaglia - Brescia - Italia  
T: +39 030 21 50 940  
F: +39 030 21 50 207