



**PROPERTIES
& BENEFITS
OF OUR
ESSENTIAL OILS**

Almond > Strengthening

Aloe > Moisturising, proteins, vitamins, mineral salts, reduces inflammation and heals sunburnt skin

Argan Oil > Nourishing, repairing, anti-ageing, protective, concentrated Vitamin E, essential fatty acids serve as anti-oxidant, softens dryness

Avocado > High in vitamins A, D, E, lecithin, potassium, healing

Bay Leaf > Anti-bacterial, anti-fungal

Bergamot > Deodorises, regenerates cellular renewal and balances equilibrium

Borage > Healing, therapeutic

Burdock > Rich in essential fatty acids, stimulates blood circulation

Calendula > Heals wounds, soothes skin, anti-inflammatory, anti-oxidant

Castor > Softens hair fibers, moisture balancing, creates volume

Centella Asiatica > Improves blood circulation, regenerates, reduces formation of fine lines

Chamomile > Soothes skin, aromatherapeutic, antiseptic, antibiotic, calming, avoid with allergies

Chinese Angelica > Good for menopause

Cinnamon > Strengthens hair

Clary Sage > Antiseptic, anti-bacterial

Coconut > Cleanses, anti-viral, anti-fungal and anti-ageing, restorative, brightening

Comfrey > High in allantoin, stimulates connective tissue, healing

Eucalyptus > Anti-bacterial, germicide, good for scalp problems

Everlasting Flower > Anti-allergenic, anti-inflammatory, heals acne and dermatitis, anti-ageing

Fennel > Soothing, revitalising, restructuring

Fenugreek > Removes impurities without dehydrating skin

Frankincense > Healing, anti-ageing, anti-inflammatory, purifying, immunostimulating, anti-oxidant

Geranium > Anti-ageing, moisture balancing

Grapefruit > Anti-oxidant, disinfectant

Helichrysum Italicum > Heals wounds, scars, acne and eczema

Honey > Disinfectant, anti-bacterial

Horse Chestnut > Astringent, reduces varicose veins

Icelandic Moss > Soothing, cooling expectorant, antibiotic

Ivy Helix > Anti-fungal, anti-mutagenic, anti-inflammatory, softens, smoothes

Jjoba > Nutritive to skin and hair, adds shine, softens, promotes collagen production

Juniper > Anti-inflammatory, moisturising

Kernel > Rich in vitamin E, prevents moisture loss

Lavender > Purifies, heals and soothes skin, prevents hair loss, balancing, clarifying

Lemon > Stimulates blood circulation, refreshes

Lemon Balm > Combats muscular spasms, soothes

Macadamia > High in palmitoleic acid (Omega 7) found in sebum of skin, anti-aging

Mallow > Heals damaged skin

Mango > Soothing astringent

Marigold > Anti-inflammatory, anti-oxidant

Mint > Reduces itching, neutralises infection, prevents hair loss, warming effect

Nettle > Moisturising, pH balancing, provides shine

Olive Oil > Nourishing, treats eczema

Orange > Stimulates blood circulation, refreshes

Orange Peel > Anti-inflammatory, anti-fungal

Passion Fruit > Disinfectant, anti-inflammatory

Patchouli > Aids in cellular reconstruction, idea for dry scalps

Peanuts > Ultra hydrating

Propolis Wax > Powerful natural antibiotic

Red Thyme > Antiseptic, tonic, healing astringent (substance causing biological tissue to contract or draw together, shrinks mucus membranes)

Rice oil > Moisturising, anti-oxidant

Roman Chamomile Oil > Antiseptic, powerful anti-inflammatory

Rose > Calming, anti-inflammatory

Rose Centifolia > Toning, skin conditioning, refreshing, soothing

Rosa Damascena > Moisturising, hydrating, antiseptic for dry, mature and irritated skin

Rosehip > Rich in essential fatty acids, vitamin E, anti-ageing

Rosemary > Helps micro-circulation of blood, stimulates new hair growth, anti-dandruff, degreases and cleans the scalps

Sage > Heals skin and scalp, anti-inflammatory, anti-fungal, anti-microbial, anti-oxidant, controls oily skin

Sandalwood > Anti-bacterial, purifying, heals skin and scars

Serenoa Serrulata > Anti-inflammatory, reduces acne

Sesame Seed > Anti-bacterial, anti-fungal, potent anti-oxidant

Shea Butter > Moisturising, adds shine, hydrating, smoothing

Soy Protein > Provides vitality to hair

Sunflower > Rich in vitamin E, moisturises, regenerative

Sweet Almond > Softening, brightens skin, promotes shine, heals chapped skin and lips

Sweet Fennel > Analgesic, anti-inflammatory, antiseptic, decongestant

Tangerine > Astringent, tonic, stimulating, deodorant, skin purifying

Tea Tree > Prevents oiliness, purifies, heals, excellent for seborrhea (greasy hair and scalp)

Thyme > Anti-bacterial, therapeutic aroma

Vanilla > Anti-bacterial

White Thyme > Antiseptic

White Willow > Anti-inflammatory, purifies, stops dandruff

Witch Hazel > Astringent, controls blemishing, reduces itching and relieves swelling

Yellow Sweet Clover > Softens, soothes

Ylang Ylang > Antiseptic, stimulates blood circulation, nourishing, moisturising